It was 50 years ago that Dr. Martin Luther King stood before the Lincoln Memorial and delivered a speech that would change the country and the understanding of one man’s dream to exist together in harmony.

Community members can help keep King’s dream alive and join with CB Cares for a MLK Day of Service, Sunday, Jan. 21 in observance of Martin Luther King Jr. Day. This year marks the 10th anniversary of the CB Cares-sponsored MLK Jr. Day of Service. There will be close to 30 different MLK Jr. service projects with more than 1,500 participating volunteers throughout the region.

CB Cares will host an opening ceremony at noon at the Southeast Baptist Church of Doylestown.

Striking a chord will be Second Baptist’s “capella men’s choir, the Buck Bench Boys, who have performed annually over the years.” Featured keynote speakers will include newly appointed Central Baptist Superintendent Dr. Rodney Green, Rabbi Mitchell Delcar, Temple Jacob, Pastor Robert Hamlin, Second Baptist Church, and state Rep. Artt Momjian, Second Baptist Church.

Opening ceremony highlig- tifies include performance by the Hopkin Sisters of Second Baptist Church, a youth gospel quartet who are actual sisters in their first appearance and Central Bucks students who have written and will read their “written word” about Dr. King’s legacy.

Visit cb-cares.org.

The Bucks County Children’s Museum will hold a MLK Jr. Day fundraiser for the Newtown, CT, children’s museum.

The Bucks County Children’s Museum will donate $2 from every 2013 MLK Jr. Day ticket collected between 10 a.m. to 4 p.m. Jan. 21 to EverWonder Museum, an emerging children’s museum. Much like the recently opened Bucks County Children’s Museum, that museum has its “written word” about Dr. King’s legacy.

Visit cb-cares.org.

In the Spiritual Tide

Caroline Oakes: Mind and Spirit

Time for solitude creates balance

It’s been nearly three years since the “Lifted” service began at Thompson Memorial Presbyterian Church. Lifted is our attempt at offering casual, contemporary-style worship for our congregation and community.

For starters, Lifted has been a wonderful, rich spiritual experience. So many elements of the service are very different for Thompson Church.

For one thing, we used our beautiful, new fellowship hall for Lifted instead of our historic sanctuary. We used the services of a worship team, rather than a paid musician and choir. I preached often at Lifted, but many other people did as well, including a number of lay persons who have never had a class in preaching. Sermons often included YouTube clips or skits. While Lifted is not at all like our two morning worship services, a few elements of our worship at home there. We’ve never had high attendance numbers, but we have seen a consistent core.

Starting Sunday, Jan. 13, we offered Lifted in a 2.0 version. It was time to try some new things, in new ways. Here’s what Lifted 2.0 looks like:

“Gift of the Sea,” Lindberg describes all of our lives. Discover an axis within a revolving wheel of relationships, obligations and con- straints. Lifted offers a “true self” that is not tied to others or ourselves, whether for a few moments or for a few hours, in the risk taking track of the “inner, inviolable core” that is present in us, no matter how we look or what roles we play. But when we find time to ourselves, when we name our “true self” – an encounter captured well in Derek Prince’s poem “Love After Love.”

The time will come when the artist knows he must be alone to create, the writer to work without a partner, the musician to compose, the saints to pray. We need solitude in order to find again the “true self” that is not tied to others or ourselves, whether for a few moments or for a few hours, in the risk taking track of the “inner, inviolable core” that is present in us, no matter how we look or what roles we play. But when we find time to ourselves, when we name our “true self” – an encounter captured well in Derek Prince’s poem “Love After Love.”

The biggest strength of Lifted is the sharing that occurs when we gather. We always include a time to share our “Wow Moments.” A Wow Moment is a moment when someone has seen or experienced God’s love and grace.

Every week, every day, God has a way of bringing a Wow Moment to us. It’s joy to share them with our church family and friends.

Instead of a sermon, Lifted now features a Bible study that leads to personal sharing from the group. The teacher brings some background insight to the group and then we talk about what God is saying to us. Following the teaching there is an interactive time for everyone to respond to what God has just said.

Everyone is welcome. Those who have another place to be on Sunday morning, are invited to join us at 5 p.m. We have found that children and youth really enjoy Lifted. Maybe your teenaged children and their friends might like to give it a try.

Know this: There will always be room for you at Lifted.

The Rev. Spencer is pastor of Thompson Memorial Presbyterian Church, just south of New Hope.

Pleasant Ridge provides extra help

The generosity of the Pleasant Ridge Church of Danboro con- gregation was greater than usual after they heard about the New Britton Baptist Church Food Locker’s power failure, which resulted in the loss of its frozen food during Hurricane Sandy. Pleasant Ridge responded by donating items like those pictured, as well as money to help the Food Locker replenish its freezers. The church also is donating to The Reformed Church World Mission and create in a fun and safe environment.

“Chautauqua is the perfect date for this event,” said Kelly Krumenacker, director of the Bucks County Children’s Museum.

There will also be a location within the museum for dona- tions to be collected; if unable to visit a specific museum, donations will be accepted.

For information about the Newtown museum visit ever- wondermuseum.com.

The Bucks County Children’s Museum is at 500 Union Square, Newtown. Call 215-695-1290 for information.

Caroline Oakes, a Bucks County resident, has a master’s degree in Ascetical Theology and is writing a book on the prayer practice of the monk, mindfulness meditation, and the human spirit. Follow her on Twitter @oakes_caroline or e-mail caroline@oakes.caroline@gmail.com

CB Cares slates 10th MLK Day of Service

January 17, 2013 Bucks County Herald Page D3 (35)

HAPPENINGS

Lambertville, N.J., church offers concert


All are welcome. For information, call 609-397-2425.

Newtown temple hosts two events

Shur Ami, 101 Richboro Road, Newtown, holds a Tu B’Shvat Tower and the cemetery. Three events follow by Shabbat services at 5:30 p.m. To RSVP, or for information, call the synagogue office at 215-968-3400.

The Women of Shur Ami host Family Bingo, 11:30 to 1:15 p.m. Sunday, Jan. 27. The event includes bingo, pizza, make-your-own ice cream sundaes and a coloring activity. Bring a new or gently used toy to share.

The cost is $10 per adult in advance ($15 at the door) and $8 per child in advance ($12 at the door). To RSVP, or for informa- tion, call the synagogue office at 215-968-3400.

To advertise here, contact Felicia at 215-794-1097

Worship Directory

SALEM UNITED CHURCH OF CHRIST

January 20, 2013

10:30 a.m. Fellowship & Refreshments / Nursery Service Available

11:00 a.m. Worship Service (With Morning Prayer 2nd & 4th Sunday)